



Please take a few minutes to answer the following questions about your health and lifestyle to assist us in expediting your evaluation:

Patient's name \_\_\_\_\_ Date of birth \_\_\_\_\_

Physician: \_\_\_\_\_ Follow up appointment with physician: \_\_\_\_\_

Age: \_\_\_\_\_ Height: \_\_\_\_\_ Weight: \_\_\_\_\_

How do you learn best? \_\_\_\_\_ verbally \_\_\_\_\_ written \_\_\_\_\_ visually \_\_\_\_\_ demonstration

Reason for coming to Physical Therapy: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

When did your symptoms start? \_\_\_\_\_

Is this resulting from (circle one): Accident Injury Recent Surgery Sudden Onset

Diagnostic Tests (circle all that apply): X-rays MRI CT-Scan Where?: \_\_\_\_\_

Do you have any of the following? (Circle all that apply):

Diabetes High Blood Pressure Heart problems Heart attack Cancer

Lung/respiratory problems Osteoarthritis Rheumatoid arthritis Asthma

Bladder Dysfunction Allergies (please list): \_\_\_\_\_

Other (please list): \_\_\_\_\_

Do you currently take any medication on a regular basis? (please list): \_\_\_\_\_

\_\_\_\_\_

Have you ever received physical therapy before (circle one): Yes No

If so, where? \_\_\_\_\_ When? \_\_\_\_\_

For what condition: \_\_\_\_\_ Result of therapy: \_\_\_\_\_

Living conditions (circle all that apply)

Apartment House Multiple family dwelling Flights of stairs: # \_\_\_\_\_

Elevator Live with family Live Alone Live with others

Occupation: \_\_\_\_\_ Currently working? (circle one) Yes No

Please describe any pain using the following:

Location: \_\_\_\_\_

What makes your pain worse? \_\_\_\_\_

What makes your pain better? \_\_\_\_\_

What time of day is your pain the worst? \_\_\_\_\_

Description (circle all that apply): Sharp Dull Ache Tingling Numbness Radiating

Rate your pain on a scale of 0-10. 0 is no pain, 10 is the worst pain you have ever felt: \_\_\_\_\_

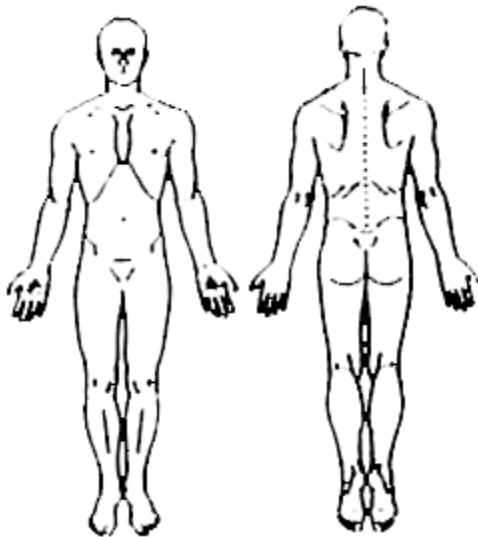
Is your pain (circle one) constant intermittent

Does your pain prevent you from sleeping or wake you up in the middle of the night? Yes No

What activities do you feel you cannot participate in because of this pain or condition?  
\_\_\_\_\_

What are your goals and/or expectations for Physical Therapy? \_\_\_\_\_  
\_\_\_\_\_

Please mark where your pain is located, include a description (pain, burning, tingling, numbness, dull ache, other):



Over the past 2 weeks have you had little interest or pleasure in doing things? Yes No

Over the past 2 weeks have you been feeling down, depressed or hopeless? Yes No

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